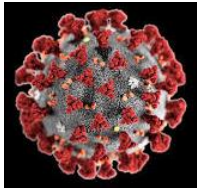


# COVID-19



## PROTECT YOURSELF AND OTHERS



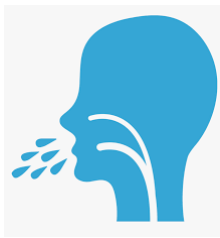
### WHAT IS COVID 19?

COVID-19 IS AN ILLNESS CAUSED BY A VIRUS THAT CAN SPREAD FROM PERSON TO PERSON.



### PRACTICE SOCIAL DISTANCING

STAY AT LEAST 6 FEET AWAY FROM OTHERS AND DISINFECT ITEMS YOU TOUCH. LIMIT CLOSE CONTACT AS MUCH AS POSSIBLE.



### HOW COVID-19 IS SPREAD

THE VIRUS CAN BE SPREAD WHEN AN INFECTED PERSON, COUGHS, SNEEZES, OR TALKS OR BY TOUCHING AN INFECTED SURFACE.



### PREVENT THE SPREAD

STAY HOME IF YOU ARE SICK, EXCEPT TO GET MEDICAL CARE. PRACTICE GOOD HYGIENE. DISINFECT HIGH-TOUCH SURFACES.

## CORONAVIRUS RISK FACTORS



### PROTECT YOURSELF AND OTHERS FROM COVID-19

EVERYONE IS AT RISK OF GETTING COVID-19. OLDER ADULTS AND THOSE WHO HAVE SERIOUS UNDERLYING MEDICAL CONDITIONS MAY BE AT A HIGHER RISK.